

# 01 Introduction



Thank you for purchasing the XERUN XR8 PLUS, HOBBYWING's high performance sensored brushless motor electronic speed controller! Brushless power systems can be very dangerous. Any improper use may cause personal injury and damage to the product and related devices. We strongly recommend reading through this user manual before use. Because we have no control over the use, installation, or maintenance of this product, no liability may be assumed for any damage or losses for any losses caused by unauthorized modifications to our product.

# 02 Warnings

- Ensure all wires and connections are well insulated before connecting the ESC to related devices, as short circuit will damage your ESC
- Ensure all devices are well connected, in order to prevent poor connections that may cause your vehicle to lose control or other unpredictable issues like damage to the device.
- Read through the manuals of all power devices and chassis and ensure the power configuration is rational before using this unit.
- Please use a soldering iron with the power of at least 60W to solder all input/output wires and connectors. • Do not hold the vehicle in the air and run it up to full throttle, as rubber tires can "expand" to extreme size or even crack to cause serious injury.
- Stop using the ESC when its casing temperature exceeds 90°C/194°F; otherwise the ESC may get destroyed and may also get your motor damaged. We recommend setting the "ESC Thermal Protection" to 105 C/221  $\mathbb F$  (this refers to the internal temperature of the ESC).
- Always disconnect and remove batteries after use, as the ESC will continue to consume current if it's still connected to batteries (even if the ESC is turned off). Long-time contact will cause batteries to completely discharge and result in damage to batteries or/and ESC. This will not be covered under warranty.

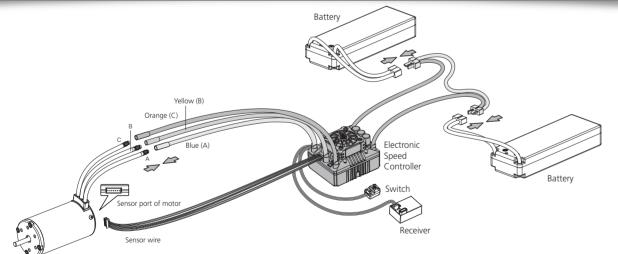
# 03 Features

- Compatible with sensored/sensorless brushless motors. In sensored mode, it's compatible with most popular sensored brushless motors on the market. In sensorless mode, it's compatible with 99% of brushless motors on the market
- Super internal switch-mode BEC with switchable voltage of 6V/7.2V and cont. /peak current of 6A/15A for easily driving big torque servos and high voltage servos. • Highly reliable electronic switch avoids troubles which may happen to traditional mechanical switch due to dirt, water, dash and etc
- Aluminum cases build highly efficient heat dissipation system.
- Separate programming port to easily connect the LCD program box to the ESC.
- Proportional brake with 9 levels of Maximum Brake Force and adjustable Drag Brake Force range from 0 to 100%.
- 9 levels of acceleration/punch from "soft" to "aggressive" for different vehicles, tires and tracks
- Innovative "COAST" function will make the RC vehicle coast like a real car after you release the throttle trigger, avoid the sudden slow-down (this sudden slow-down often happens to
- motors with very strong magnetic force), and brings you the great control fee
- Multiple protections: motor lock-up protection, low-voltage cutoff protection, thermal protection, overload protection, and fail safe (throttle signal loss protection)
- Advanced programming via the portable multifunction LCD program box
- Firmware upgrade via HOBBYWING multifunction LCD program box (item sold separately).

# 04 Specifications

Model	XERUN XR8 PLUS
Cont./Peak Current	150A/950A
Motor Type	Sensored / Sensorless Brushless Motor
Main Applications	1/8th Scale On-road, Buggy, Truggy for High-level Races
Motor Limit	4S LiPo/12S NiMH: KV≤3000 for 4274 size or smaller motor; 6S LiPo/18S NiMH: KV≤2400 for 4274 size or smaller motor.
LiPo/NiMH Cells	2-6S LiPo, 6-18S NiMH
BEC Output	6V/7.2V Switchable, Continuous Current of 6A (Switch-mode BEC)
Cooling Fan	Powered by the stable BEC output voltage of 6V/7.2V
Connectors	Input End: No, Output End: No.
Size/Weight	58.7(L) x 48(W) x 36.9(H) / 127g (W/O Wires)
Programming Port	FAN/PRG Port

# 05 Connections





This is an extremely powerful brushless power system. For your safety and the safety of those around you, we strongly recommend removing the pinion gear before performing calibration and programming functions with this system, and keeping wheels in the air when you turn on the ESC.

### 1. Motor Wiring

The sensored motor wiring is different from the sensorless motor wiring; please make sure that you will strictly follow the introductions below.

### A. Sensored Motor Wiring

There is strict wiring order from the ESC to the motor, the three A/B/C ESC wires must connect to the three A/B/C motor wires correspondingly and then connect the ESC sensor port

# and the motor sensor port with the stock 6-pin sensor cable

1) If you don't plug the sensor cable in, your ESC will still work in sensorless mode even if you're using a sensored motor. 2) After you install the motor, if you find the car runs in reverse, then please correct the motor rotation in the 6th programmable item.

## B. Sensorless Motor Wiring

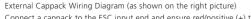
There is no polarity on the A/B/C wires between ESC and motor, so do not worry about how you connect them initially. You may find it necessary to swap two wires if the motor runs in reverse. 2. Receiver Wiring

# 3. External Capacitor Module (also called CapPack) Wiring (This operation is Optional)

Plug the throttle control cable (also called Rx cable) on the ESC into the throttle (TH) channel on receiver. The red wire in the throttle control cable will output the BEC voltage of 6V/7.2V to the receiver and servo, so please do not connect any additional battery to the receiver. Otherwise, your ESC may get damaged.

#### When using a 6S LiPo and either of the following vehicles, you must connect an external cappack (item sold separately). Otherwise, the insufficient capability of the built-in cappack may cause the ESC to work abnormally or even get damaged.

1) A vehicle with the total weight (battery, ESC, motor, servo and etc. included) exceeds 7kg, such as CEG-GST, TEAM C T8TE, and etc. 2) A vehicle with regular weight but its chassis is specially designed for running a super-high speed (over 100km/h) like Traxxas XO-1. Note 2: For the above two kinds of vehicles, we strongly recommend using HOBBYWING EZRUN MAX6 ESC instead, because the MAX6 ESC has greater power output than XR8.



Connect a cappack to the ESC input end and ensure red/positive (+) to red/positive (+), black/negative (-) to black/negative (-). 4. Battery Wiring

#### Proper polarity is essential here! Make absolutely sure positive (+) of ESC connects to positive (+) of battery, and negative (-) of ESC connects to negative (-) of battery when you plug in your battery! If reverse polarity is applied to your ESC from the battery, it will damage your ESC. This will not be covered under warranty!



(also called Cappack) Wiring

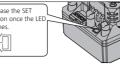
# 06 ESC Setup

# In order to make the ESC match the throttle range, you must calibrate it when you begin to use a new ESC, or a new transmitter, or after you change the settings such as the TRIM, D/R, EPA

and other parameters of throttle channel on your transmitter, otherwise the ESC cannot work properly. We strongly recommend activating the "Fail Save" function of the radio system and set it (F/S) to "Output OFF" or set its value to the "Neutral Position" to ensure the motor can be stopped when there is no signal received from the transmitter. About setting the throttle range, let's take Futaba™ transmitter as an example



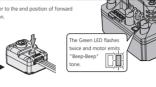


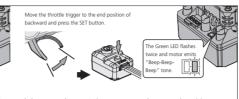


1. Turn on the transmitter, set parameters on the throttle channel like "D/R", "EPA" and "ATL" to 100% (for transmitter without LCD, please turn the knob to the maximum) and the throttle "TRIM" to 0 (for transmitter without LCD, please turn the corresponding knob to the neutral position). For FutabaTM radio transmitter, the direction of throttle channel shall be set to "REV", while other radio systems shall be set to "NOR". Please ensure the "ABS braking function" of your transmitter must be DISABLED.

2. Start with transmitter on and the ESC turned off but connected to a battery. Holding the SET button and press the ON/OFF button to turn on the ESC, the RED LED on the ESC starts to flash (Note 2: the motor beeps at the same time), and then release the SET button immediately. (The ESC will enter the programming mode if the SET button is not released in 3 seconds, then you need to restart from step 1.) Note 3: Beeps from the motor may be low sometimes, and you can check the LED status instead.







- Leave the throttle trigger at the neutral position, press the SET button, the RED LED dies out and the GREEN LED flashes 1 time and the motor beeps 1 time to accept the neutral position. • Pull the throttle trigger to the full throttle position, press the SET button, the GREEN LED blinks 2 times and the motor beeps 2 times to accept the full throttle endpoint
- Push the throttle trigger to the full brake position, press the SET button, the GREEN LED blinks 3 times and the motor beeps 3 times to accept the full brake endpoint
- 4 The motor can be started 3 seconds after the ESC/Radio calibration is complete

### 2 Power ON/OFF & Warning Tones

- (Start with the ESC turned off), press the ON/OFF button to turn on the ESC. (Start with the ESC turned on) press and hold the ON/OFF button to turn off the ESC
- 2. Warning Tones
- Turn on the ESC in the normal way (that is to turn it on without holding the SET button); the motor will beep the number of LiPo cells you have plugged in. For example, 3 beeps indicate a 3S LiPo, 4 beeps indicate a4S LiPo, and 6 beeps indicate a 6S LiPo.

## 5 Programmable Items

(Those "black backgroud and white text" options are the factory default settings)

Basic Setting	Option 1	Option 2	Option 3	Option 4	Option 5	Option 6	Option 7	Option 8	Option 9
1. Running Mode	Fwd/Brk	Fwd/Rev/Brk							
2. LiPo Cells	Auto Calculation	25	3S	45	65				
3. Cutoff Voltage	Disabled	Auto	Customized (5.0-20V)						
4. ESC Thermal Protection	105°C/221°F	125℃/257°F	Disabled						
5. Motor Thermal Protection	Disabled	105°C/221°F	125℃/257°F						
6. Motor Rotate	CCW	CW							
7.BEC Voltage	6.0V	7.2V							
8. Brake Force	12.5%	25%	37.5%	50.0%	62.5%	75.0%	87.5%	100%	Disabled
9. Reverse Force	25%	50%							
10. Start Mode (Punch)	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9
Advanced Settings									
11.Drag Brake	0%-100% adjustable (Default: 0%)								
12.Coast	0%-20% adjustable (Default: 0%)								
13.Neutral Range	6%	9% (Normal)	12%						
14.Drive Mode	Sensored/Sensorless Hybrid	Full-Sensored							
15.Boost Timing	0-15 degrees adjustable (default: 0 degree).								
16.Turbo Timing	0-15 degrees adjustable (default: 0 degree).								
17.Turbo Delay	Instant	0.05s	0.1s	0.15s	0.2s	0.25s	0.3s	0.35s	0.4s

1) Fwd=Forward. Rev=Reverse. Brk=Brake

2)The 14th, 16th and 17th items are reserved items. Most 4 pole motors on the market are suffering from the severe sensor interference now, for these motors, the "full sensored" mode can easily cause drive errors and further result in abnormal operation of the ESC and motor or even get them burnt, so these functions have been temporarily shut down in the current version of ESC firmware. HOBBYWING will release some new 4 pole motors that can ensure the ESC works in "full sensored" mode soon, users can get access to those functions through firmware upgrade then

### 1. Running Mode

### Option 1: Forward with Brake

The vehicle can go forward and brake but cannot reverse in this mode. This mode is usually for racing.

### Option 2: Forward/Reverse with Brake.

This mode provides the braking function, it's usually for training. "Forward/Reverse with Brake" mode adopted the "DOUBLE-CLICK" method, that is your

vehicle only brakes (won't reverse) when the 1st time you push the throttle trigger forward (away from you) (1st push). If the motor stops when you guickly release the throttle trigger and then re-push the trigger quickly (2nd push), the vehicle will reverse. If the motor does not stop, then your vehicle won't reverse but brake, you need to push the throttle trigger one more time. The vehicle only reverses after the motor stops. This method is for preventing vehicle from being accidentally reversed.

LiPo Cells We strongly recommend setting this item manually instead of using the default setting "Auto Calculation (which means calculating the LiPo cells automatically)". The ESC can identify 2S, 4S and 6S LiPo packs when setting this item to "Auto Calculation". After you power on the ESC, if the battery voltage is below 8.8V, it will be identified as a 2S; if the voltage is from 8.8V to 17.6V, it will be

identified as a 4S; if the voltage is above 17.6V, and it will be identified as a 6S. Note 5: You need to set this item to "Auto Calculation." when you use a NiMH pack or a 5S LiPo, AND customize the "Low Voltage Cutoff" threshold

# 3. Cutoff Voltage

Sets the voltage at which the ESC lowers or removes power to the motor in order to protect the LiPo battery from irreversible damage caused by over discharge. The ESC will monitor the battery voltage all the time, it will immediately reduce the power to 50% and cut off the output 10 seconds later when the voltage goes below the cutoff threshold. The RED LED will flash a short, single flash that repeats (\$\darkappa, \darkappa, \darkappa)\$ to indicate the low-voltage cutoff protection is activated. If you use a NiMH pack, then please set the "Cutoff Voltage" to "Disabled" Option 1: Disabled.

## The ESC won't cut off the power due to low voltage after you select this option. We do not recommend using this option when you use any LiPo battery, otherwise you will

irreversibly damage it. However, for avoiding losing power in racing due to low voltage, we recommend using this option (this still may cause damage to your battery pack). You need to select this option when you use a NiMH pack.

#### Option 2: Auto. The ESC will automatically calculate the corresponding cutoff voltage as per the number of LiPo cells it detects and the "3.1V/cell" rule. For example, if the ESC detects a 4S Lipo,

then the cutoff voltage for the battery shall be 3.1x4=12.4V.

### Option 3: Customized.

Option 1: 6.0V.

The customized cutoff threshold is a voltage for the whole battery pack (adjustable from 5.0V to 20V). Please calculate the value as per the number of LiPo cells you are using. For example, when you use a 4S and you want the cutoff voltage for each cell is 3V, then you need to set this item to 12V.

thermal protection. The output won't resume until the temperature gets down.

Note 6: please set this item to CUSTOMIZED when you use a 5S LiPo.

#### 4. ESC Thermal Protection The ESC will automatically cut off the output and the GREEN LED will flash a short, single flash that repeats (\$\phi, \phi, \phi) when the temperature gets up to the value you preset and activates the ESC

### Warning! Never set the ESC Overheat protection to DISABLED unless in some special situations like racing, otherwise you may damage your ESC and even damage your motor.

#### Motor Thermal Protection The motor will automatically cut off the output and the GREEN LED will flash a short, double flash that repeats (众女, 众女, 众女) when the temperature gets up to the value you preset and activates

#### the motor thermal protection. The output won't resume until the temperature gets down. Warning! Never set the Motor Overheat Protection to DISABLED unless in some special situations like racing, otherwise you may damage your ESC and even damage your motor. For non-HOBBYWING motor, different thermal sensor may cause the ESC to trigger the Motor Thermal Protection early or later. In this case, please set the Motor Overheat Protection to DISABLED and check the motor temperature with an infrared thermometer (or bare hand if you don't have the device, but be careful all the time) regularly.

### Motor Rotate Pull the throttle trigger with the motor shaft faces you, the motor spins counter clockwise if this item is set to CCW; the motor spins clockwise if it's set to CW. In general, the vehicle goes forward

#### when the motor rotates counter clockwise. However, some chassis manufacturers design their products base on the completely different theories, so your vehicle may go backward when the motor spins counter clockwise. In that case, you need to set this item to CW instead. 7. BEC Voltage

Option 2: 7.2V. It's applicable to high voltage servos. Do not use this option with ordinary servos; otherwise your servos may be burnt due to high voltage.

#### Brake Force This ESC provides the proportional braking function; the braking effect is decided by the position of the throttle trigger. It sets what percentage of available braking power is applied with full brake.

Large amount will shorten the braking time but it may damage your pinion and spur. Please select the most suitable brake amount as per your car condition and your preference.

It's applicable to ordinary servos. Do not use this option with high voltage servos; otherwise your servos may not function normally due to insufficient voltage.

9. Reverse Force

Different reverse amount will bring different reversing speed. For the safety of your vehicle, we recommend using a low amount.

### 10. Start Mode / Punch

You can choose the punch from level 1 (very soft) to level 9 (very aggressive) as per the track, tires, grip, your preference and etc. This feature is very useful for preventing tires from slipping in the starting-up process. In addition, "level 7", "level 8 and "level 9" have strict requirement on battery's discharge capability. It may affect the starting-up if the battery discharges poorly and cannot provide large current in a short time. The car stutters or suddenly loses power in the starting-up process indicating the battery's discharge capability is not good; you need to reduce the punch or increase the FDR (Final Drive Ratio).

#### 11. Drag Brake

Drag brake is the braking power produced when releasing the throttle trigger to neutral zone. This is to simulate the slight braking effect of a neutral brushed motor while coasting.

#### (Attention! Drag brake will consume much power, so please apply it cautiously.) Note 7: The drag brake will be void (even if you set it to any value besides 0) if the following "Coast" is not "0%".

It allows the motor to gradually lower RPM when reducing the throttle from full or near full speed back to neutral. The vehicle will not abruptly slow when the throttle is reduced to return to the neutral position. The bigger the value, the more the "COAST" will be felt. Example, COAST of 0 deactivates, and a COAST of 20% would be the maximum amount of COAST.

What is COAST? When a vehicle is operated with smaller pinions and larger spur gears the vehicle tends to create a feel of braking known as "gear brake". HOBBYWING COAST technology is to allow the car to roll (coast) as if the vehicle was geared with a larger pinion. The Coast function brings better and smoother control feelings to racers. Also some drivers will refer to this feel as how the traditional brushed motors felt --- they "COASTED" more because the armature with the wire on it was heavy and harder to stop spinning - in the brushless motor the rotor being relatively light stops spinning

### 13. Neutral Range

Adjust the throttle neutral zone as per your preference (as shown). Because the neutral position on some transmitters is not stable and it can cause the vehicle to go forward/backward slowly, so please set the throttle neutral width to a bigger value when this issue happens

#### 14. Drive Mode

#### Option 1: Sensored/Sensorless Hybrid.

The ESC drives the motor in sensored mode during the low-speed start-up process, after that the ESC will switch to driving the motor in sensorless mode.

### Option 2: Full Sensored.

You can select this option only when using a HOBBYWING matching motor (that means HOBBYWING new 1:8th motor without Hall sensor interference), the control

#### feeling will be better, the efficiency of the power system will be higher, and the turbo timing of the ESC can be activated to get the maximum burst power Warning! 1) Do not select this option if you use a non-HOBBYWING matching motor, especially when it's a 4 pole sensored motor, otherwise you may damage the ESC and the motor.

### 15. Boost Timing

Boost Timing is adjustable from 0 degree to 15 degrees, it has three effects: 1) Compatible with different motors. Some motors may function abnormally with the default Boost Timing (0), you need to adjust the timing to a proper degree and then they will work fine. 2) Fine tune the maximum RPM of the motor through adjusting this Boost Timing. The bigger the timing, the higher the RPM, and the more electric energy it will consume.

2) If you select this option but you forget to plug the motor sensor cable in or you connect your ESC to a sensorless motor, then the ESC will be unable to drive the motor.

#### 3) Make the motor operate at the optimum efficiency point through adjusting this Timing. Attention: After you adjust the Timing, you need to check the actual effect first and then decide if it's necessary to make the adjustment

### 16. Turbo Timing

Turbo Timing is adjustable from 0 degree to 15 degrees, the corresponding turbo timing (you set) will initiate at full throttle. It's usually activated on pretty long straightaway and makes the motor unleash its maximum potential.

### 17. Turbo Delay

Turbo delay is the time from the throttle stick/trigger is moved to the full throttle position and keeps at that point to the moment Turbo Timing is really activated. If you set this item to "INSTANT", then the Turbo Timing will be activated right after the throttle stick/trigger is moved to the full throttle position. If set it to any other values, then you need to keep the throttle stick/trigger at the full throttle position for a while (as you set) till the Turbo Timing initiates

Note 8: "Turbo Timing" and "Turbo Delay" only function when you set the "Drive Mode" to "Full Sensored".

# 4 ESC Programming

### Program your ESC with a multifunction LCD program box

You can program this XERUN XR8 PLUS through a multifunction LCD program box or a PC (HOBBYWING USB LINK software needs to be installed on the PC). Before the programming, you need to connect your ESC and the LCD program box through a cable with two JR male connectors and turn on the ESC, then the boot screen will show up on the LCD, press any button on the program box to initiate the communication between your ESC and the program box,. The "CONNECTING ESC" will be displayed, a few seconds later; the program box will display the current mode like profile 1 and then the 1st programmable item like Running Mode. You can adjust the setting through "ITEM" & "VALUE" buttons, and then press the "OK" button to save new settings to your ESC.



The programming port of this ESC is also the fan port, so you need to unplug the fan first and then plug (one end of) the programming cable in the PRG/FAN port and the other end (of the programming cable) in the ESC port on the LCD program box. Please don't use the throttle control cable (also called Rx cable) on the ESC to connect the program box; otherwise the program box won't function.



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The Hall sensor inside the motor is damaged.

### 5 Factory Reset

• Restore the default values with the SET button

Press and hold the SET button for over 3 seconds anytime when the throttle trigger is at the neutral position (except during the ESC calibration) can factory reset your ESC. RED & GREEN LEDs flash simultaneously indicating you have successfully restored all the default values within your ESC. Once you power the ESC off, and then back on, your settings

## • Restore the default values with a multifunction LCD program box

After connecting the program box to the ESC, continuously press the "ITEM" button on the program box until you see the "RESTORE DEFAULT" item, and then press "OK" to factory

# **07** Status of LEDs

### 1. During the Start-up Process

1) The RED LED keeps flashing rapidly indicating the ESC doesn't detect any throttle signal or the neutral throttle value stored on your ESC may be different from the current value stored on the transmitte

#### 2) The GREEN LED flashes "N" times indicating the number of LiPo cells you have connected to the ESC. 2. In Operation

1) RED & GREEN LEDs die out when the throttle trigger is in the throttle neutral zone. 2) The RED LED turns on solid when your vehicle runs forward. The GREEN LED will also come on when pulling the throttle trigger to the full (100%) throttle endpoint. 3) The RED LED turns on solid when you brake your vehicle, the GREEN LED will also come on when pushing the throttle trigger to the full brake endpoint and setting the "brake

#### amount/maximum brake force" to 100%. 4) The RED LED turns on solid when you reverse your vehicle.

REEN & RED LEDs flash rapidly at the same time when the

throttle stick/trigger is at the neutral position

3. Some Protection is Activated

1) The RED LED flashes a short, single flash that repeats (\(\psi, \phi, \phi)\) indicating the low voltage cutoff protection is activated. 2) The GREEN LED flashes a short, single flash that repeats (\$\phi\$, \$\phi\$, \$\phi\$) indicating the ESC thermal protection is activated.

3) The GREEN LED flashes a short, double flash that repeats (\(\phi\approx\), \(\phi\approx\)) indicating the motor thermal protection is activated. 4) The RED & GREEN LEDs flash a short, single flash that repeats (\$\perp\$, \$\perp\$, \$\perp\$) at the same time indicating the drive mode has been automatically switched to sensorless mode from senored mode because of abnormal sensor signal when pairing the ESC with a sensored motor

# **08** Trouble Shooting

The ESC was unable to start the status LED, the motor, and the cooling fan after it was powered on.	No power was supplied to the ESC. The ESC switch was damaged.	Check if all ESC & battery connectors have been firmly connected. Replace the broken switch.
The ESC was unable to start the motor after it was powered on, but the motor beeped a short, double beep that repeats with GREEN LED on the ESC blinked. (The interval between two beeps was 1 second.)	The battery voltage was beyond the normal operating voltage range of the ESC.	Check the battery voltage.
After the ESC was powered on and finished LiPo detection, the GREEN LED flashed N times, and then the RED LED flashed rapidly.	The ESC didn't detect any throttle signal. The neutral throttle value stored on your ESC is different from the one stored on the transmitter.	Check if the throttle wire is reversely plugged in channel and if the transmitter is turned on. Re-calibrate the throttle range after you release trigger to the neutral position.
The vehicle ran backward when you pulled the throttle trigger towards you.	Your chassis is different from popular chassis.	Set the "Motor Rotation" to "CW".
The motor suddenly stopped or significantly reduced the output in operation.	The receiver was influenced by some foreign interference. The ESC entered the LVC protection. The ESC entered the thermal shutdown protection.	Check all devices and try to find out all possible and check the transmitter's battery voltage. The RED LED keeps flashing indicating the LVC pactivated, please replace your pack. The GREEN LED keeps flashing indicating the the protection is activated, please let your ESC cool using it again.
The motor stuttered but couldn't start.	Some soldering between the motor and the ESC was not so good. The ESC was damaged (some MOSFETs were burnt).	Check all soldering points, please re-solder if ne Contact the distributor for repair or other custo
The vehicle could run forward (and brake), but could not reverse.	The throttle neutral position on your transmitter was actually in the braking zone. Set the "Running Mode" improperly. The ESC was damaged.	Re-calibrate the throttle neutral position. No LEE come on when the throttle trigger is at the neut 2. Set the "running mode" to "Forward/Reverse w 3. Contact the distributor for repair or other custor.
The car ran forward/backward slowly when the throttle trigger was at the neutral position.	The neutral position on the transmitter was not stable, so signals were not stable either.  The ESC calibration was not proper.	Replace your transmitter Re-calibrate the throttle range or fine tune the ron the transmitter.
The LCD program box kept displaying "CONNECTING ESC" after you connected it to your ESC.	The programming cable with 2 JR male connectors was plugged into the wrong port at the ESC end.	The programming port of this ESC is also the fan punplug the fan and then plug the programming camale connectors to the fan port.
When pressing the SET button to set the throttle neutral position, the GREEN LED didn't flash and no beep was emitted, or you were unable to set the full throttle endpoint and the full brake endpoint after the neutral position was accepted.	The ESC throttle cable wasn't plugged in the correct channel on the receiver. The ESC throttle cable was reversely plugged in.	Plug the throttle cable into the throttle (TH) cha your receiver. Plug in the throttle cable properly by referring to shown on your receiver.

When pairing with a sensored motor, the ESC will automatically

switch to sensorless mode from sensored mode when errors occur